

ROLE DESCRIPTION

DATED: 30 May 2022



Title: Volunteer Role – Peer Support Group Leaders

Reports to: Volunteer Manager

Locations: Wiltshire (various!) and Devon (various!)

Availability: Volunteers are asked to commit themselves to being available for 4 hours a week. Hours volunteered are flexible and should be agreed with the Volunteer Manager. Volunteers may be asked to attend training, events and meetings, which may be in the evening or at weekends.

Purpose of Role: This is an exciting time! Let's tackle domestic abuse and sexual violence together across the South West.
To run and co-facilitate a Peer Support Group for people who have experienced domestic abuse or sexual violence. Using a combination of warmth, tea & biscuits, and crafts these groups will provide a supportive, understanding and inclusive space to alleviate loneliness and provide support moving forwards. Groups are usually run during term time.

Main tasks:

- Lead and organise the running of the group (with another volunteer in your area)
- Recording and reporting attendance and activities
- Advertising group in local community
- Supporting attendance for people who wish to join
- Assessing group needs and facilitating group wishes (groups will be informal and guided by service users. Some groups may wish to run informal coffee mornings, others may wish to try crafts/skills/invite guest speakers)
- To enhance the experience of the group through interventions where necessary and to create a safe environment in which constructive support and relationships can thrive.
- To monitor risk and signpost where required

Person Specification:

- Empathy with individuals or families who have experienced crisis (essential)
- Ability to work together as a team (essential)
- Good organisational skills (essential)
- Creativity – a craft or a passion for bring together people who have skills they can share
- Good interpersonal and communication skills

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- Sensitivity to overall group dynamics
- Passionate about supporting the work of our organisation (essential)

Training: Splitz will provide induction training and appropriate training to the role. This role offers opportunity to offer support where it is vitally needed and to develop your skills with excellent training. This is an exciting time to be part of our leading Domestic Abuse and Sexual Violence organisation. References can be requested after 3 months of active volunteering.

Risks:

- Escalation of DA/SV risk for attendees
- Safeguarding
- Non-constructive peer support

Measures:

- Risk awareness training
- Training and supervision/support

Vetting: Enhanced DBS/References